



SOUTH AFRICAN
TRANSPLANT SPORTS
ASSOCIATION

Transplant Sports News

Message from the Chair

Dear Transplant family

As we approach the end of an exciting year, I want to extend our heartfelt gratitude to all our athletes, supporters, management and exco committees, and partners. Your dedication and passion have made this year truly remarkable. The highlight for me was the National Games at the end of September. The hard work, excitement and pure enjoyment experienced throughout the weekend was truly amazing.

May this Christmas season bring you joy, peace, and the warmth of cherished moments with loved ones. We look forward to another year of incredible achievements and unforgettable memories together.

Wishing you a Merry Christmas and a Happy New Year!

Warm regards

Amanda Bossenger

Awareness

Jan Marais was invited to attend a Donor Awards breakfast hosted by the South African National Blood Service (SANBS) on 7 December 2024 where he did a short presentation on SATSA, our activities and the gratitude our members have towards their live donors and the families of deceased donors. The message was well received by the group of almost five hundred people who attended the event.



National Transplant Games



The Western Cape Transplant Sports Association (WCTSA) hosted the National Transplant Games in Cape Town from 26 – 29 September 2024. The Games was a great success with ninety-four athletes competing in thirteen different sports codes. All events went down without incident or serious injury. Twenty-one South African Records were broken during the Games.

Events were held at sports venues across the Cape Peninsula. Our athletes showcased their skills on the different sporting fields across the two days, celebrating new life to the fullest through sport. The awareness walk was held at Mouille Point, Cape Town and attracted lots of attention from the public. At the Gala Dinner, closing off our event, we were honoured that Minister Ricardo Mackenzie - Minister of Cultural Affairs and Sport for the Western Cape attended the function as our guest speaker and then handed out the participation medals to all our athletes.

This was the preliminary stage of qualification for athletes to be selected for Team Transplant SA who will attend the World Transplant Games in Dresden Germany next year. The qualification process ends on 8 December 2024, with the conclusion of the re-qualification period. Thereafter the provisional team will be announced and invited to the first Training Camp in January. Expectations are high that Team SA will again bring back many medals from the World Games.



KZN Athletes

Gauteng Athletes

Western Cape Athletes

Eastern Cape Athletes

World Transplant Games

[Click here to read the latest newsletter from the World Transplant Games Federation](#)

TRANSPLANT WORLD

Excitement is growing about the World Transplant Games to be held in Dresden, Germany in August 2025. The Local organising committee (LOC) in Dresden is hard at work preparing everything for the estimated 3000 athletes who they expect will attend the Games. There are lots of modern sports venues close to the City Centre where the events will be hosted so that most events will be within walking distance from the hotels. It promises to be a wonderful event. SATSA intends sending a strong team that can bring back many medals to make South Africa proud.



TIMETABLE

DAY 01 SUNDAY	DAY 02 MONDAY	DAY 03 TUESDAY	DAY 04 WEDNESDAY	DAY 05 THURSDAY	DAY 06 FRIDAY	DAY 07 SATURDAY	DAY 08 SUNDAY
Table Tennis Pétanque 3-on-3 Basketball Golf (self-paid)	Bowling Golf (self-paid)	Swimming Archery Squash Volleyball	Tennis Track and Field Darts 6-a-Side Football Badminton	Track and Field			
Arrival Registration Opening Ceremony	Run Race 5k Table Tennis Singles Pétanque Singles 3-on-3 Basketball	Golf Individual Bowling Individual Cycling 10 km TT Cycling 20 km Team Pétanque Pairs Table Tennis Doubles	Swimming Day 1 Cycling 30 km Bowling Pairs Archery Individual/Team Golf Team Volleyball Squash	Swimming Day 2 Tennis Singles Darts Sprint Triathlon Badminton Singles 6-a-Side Football	Track and Field Day 1 Tennis Doubles Badminton Doubles	Track and Field Day 2	Departure
Service of Remembrance Donate Run TM Meeting	WTGF Welcome Reception TM Meeting	TM Meeting	Cultural Evening TM Meeting	General Assembly TM Meeting	TM Meeting	Closing Ceremony Gala Dinner	

TRAINING
COMPETITION
EVENTS



SASCOC, DSAC and NLC



Amanda Bossenger (SATSA Chair) attended the SASCOC QUADRENNIAL GENERAL MEETING on 30 November 2024 to represent SATSA in person. This was an elective meeting where a new board was elected to lead SASCOC.

The Department of Sport, Arts and Culture has shown its continued support for SATSA by again approving funding support to SATSA for 2024_25 after all our governance reports were reviewed and inspected.



SASTA will continue to maintain the positive working relationship with DSAC into the future.

SATSA submitted our first interim progress report to the National Lotteries Commission during October to report on the use of the NLC Grant funding up to this point. The NLC did two inspections of the SATSA



Office to verify the information we provided and to measure our capacity to correctly utilise the funding. I can report that SATSA passed these inspections with flying colours and received a shining 84% result. This bodes well for our continued support from the NLC. The independent company that did the inspection did have some positive suggestions on how SATSA can improve its governance that the Management Committee has taken note of and will implement over the next year. SATSA remains thankful for all the support from DSAC and the NLC.

Meetings

Chair: Amanda Bossenger

Vice-Chair: Rentia le Roux

Treasurer: Hennie le Roux

The Management Committee meets every month and minutes of these meetings, or any inquiries are always available from Jan Marais, SATSA Executive Secretary. You are welcome to send your input to admin@transplantsports.org.za. The Management Committee values all input in our combined goal of always improving and growing SATSA.

All the Regional Management Committees meet regularly to attend to regional matters. Contact details for all these committee members are available on the SATSA website under 'Regions'.

Upcoming events and Important Dates in 2025

24-26 Jan 2025	Training Camp 1
4 – 6 July 2025	Training Camp 2
28 Feb 2025	Rare Disease Day
13 March 2025	World Kidney Day
7 April 2025	World Health Day
17 – 24 Aug '25	World Transplant Games, Dresden, Germany

SATSA Affiliates



Regional Section

EASTERN CAPE TRANSPLANT SPORTS ASSOCIATION (ECTSA)

Dear SATSA & Eastern Cape Transplant Family,

What a year it has been, and we made it to December and can hopefully all look forward to some time with family and friends.

This year's activities focused on getting our participants ready for the National Transplant Games that were held in Cape Town. We thank WCTSA for hosting it and making it a memorable experience. The Eastern Cape Team performed well and stood out in their red jackets depicting the Provincial colours. Congratulations to the athletes that successfully qualified and well done to those that participated and so celebrated their second chances. We were also blessed to have participating living donors with our team. They are really very special people and a part of our family.

Apart from these athletes, we also try to make as many opportunities as possible for all the other members to also be involved when we have Social Days and get-togethers where we get to know each other and strengthen our family.

Our sincere thanks to the support staff in our hospitals and clinics who make sure that we continue to be healthy and strong. You continue to be our heroes.

Finally, I would like to wish each and every one of our members and supporters everything of the best for Christmas and New Year. May you all take the best of the 2024 year into 2025 and ensure that we all together make the year very special.

Yours in Transplant Sports,

Willie Uys – Chairperson ECTSA



Celebrate the gift of life

Hennie & Susan

Mignon & Esme

Kelli & Dane

Ronele & Carlo

ECTSA honour our living donors





GAUTENG TRANSPLANT SPORTS ASSOCIATION (GTSA)

As we near the end of this spectacularly successful and busy year for GTSA, I extend my heartfelt gratitude to every member, sponsor, and individual who supported us throughout 2024. Your contributions have been invaluable, and none of the success would have been possible without you.

Congratulations to those members who have completed their requalifying events for selection to Team Transplant SA for the upcoming World Transplant Games. For those still preparing, we wish you the very best for your qualifying events and ongoing training as you aim to represent us proudly in 2025.

On the 30th of November, we had the privilege of hosting our end-of-year Thanksgiving and Donor Tribute lunch. This special event provided an opportunity to honour and celebrate the incredible contributions of our members and supporters who have been instrumental to GTSA's success throughout the year.

Thank you to everyone who joined us for the lunch—it was wonderful to reconnect with familiar faces and warmly welcome new ones. Your presence made the event truly memorable.

This year, we also take a moment to reflect and remember those we have lost. We were deeply saddened by the passing of Dev Moodley, a valued member of our GTSA family. Our thoughts and prayers remain with his family and loved ones during this time. To all families and friends who have faced loss this year, please know our hearts are with you during this Festive Season. We also hold close in our hearts the members facing health challenges, and we wish them a speedy recovery and renewed strength in the coming year.

I wish all our members a safe, happy, and healthy Festive Season and look forward to welcoming you all back in 2025.

Alta Withers, Chairperson GTSA



KWAZULU-NATAL TRANSPLANT SPORTS ASSOCIATION (KZNTSA)

KZNTSA was honored to participate in the prestigious KZN Sports Awards 2024, held at the Durban International Convention Centre on 2 November 2024. The event celebrated exceptional athletes and administrators, recognizing their outstanding achievements in sport. This year's awards highlighted an inspiring commitment to diversity, showcasing excellence across racial lines and reflecting the rich heritage of KwaZulu-Natal. Deven Naidu and Anil Balmukund were pictured with the Honorable Mntomuhle Khawula, KZN MEC for Sport, Arts, and Culture, commemorating the special occasion.



Additionally, Deven Naidu and Mark Nortjie represented KZNTSA at the KZN Sports Confederation's quadrennial general meeting, held at Coastlands Musgrave on 16 November 2024. The association values its close relationship with the KZN Sports Confederation and is proud to collaborate with various sporting federations that represent the province.

KZNTSA is thrilled to announce that eight of their team members have qualified for the World Transplant Games in Dresden, Germany. The team successfully completed re-qualification and is gearing up for an intensive training camp scheduled for January. The KZNTSA consists of Mark Nortjie, Billy Macleod, Nora Simpson, Jan de Kock, Vivek Reddy, Sean Samujh, Deven Naidu and Anil Balmukund.

The KZNTSA Executive Committee is gearing up for an exciting and impactful 2025! With renewed energy and a clear vision, we are committed to building on the successes of the past year while exploring new opportunities to grow and enhance our community. From fostering stronger partnerships with the KZN Sports Confederation to expanding our outreach initiatives and creating more opportunities for transplant athletes to shine, 2025 promises to be a year filled with progress and innovation. We are excited to continue making a meaningful impact, inspiring others through the power of sport, and championing advocacy for organ donation.

Deven Naidu, Chairperson KZNTSA

WESTERN CAPE TRANSPLANT SPORTS ASSOCIATION (WCTSA)

As we approach the end of the year, I want to take a moment to reflect on the incredible achievements and moments we've shared together in our sports community. Western Cape was privileged to host the National Transplant Games at the end of September 2024. We had more members join our Association and we are thankful for the increase in membership. It has been a year filled with passion, teamwork, and dedication, and I couldn't be prouder of what we have accomplished.



WCTSA was invited to a few events, to create awareness of Transplant Sport in South Africa.

On Sunday 24 November, we welcomed cyclists at Battery Park, V&A Waterfront, who cycled all the way to Llandudno and back to create awareness for Open Eye Foundation, a NPO created by Mosa Mphora, a kidney transplant recipient himself. Their mission is to inspire South Africans to make a difference through blood and organ donation.

Saturday, 30 November, we joined Dare4Life, a NPO created by a family who have members affected by Breast Cancer, Prostate Cancer, Fuchs' Dystrophy & Cystic Fibrosis. Dare4Life arranged a Family Fitness Day with athletes competing in CrossFit, 5km Fun Run/Walk and a 25km Cycle Event. Much needed awareness was created about Organ Donation and Transplant Sport.



We have met incredible people, sharing the passion for organ donation & transplantation. I am very excited for the new year, where we will work together with these organisations to create more awareness and share our members' incredible stories.



Western Cape athletes have done well at the National Transplant Games and our athletes were working hard since the Games to keep fit and active and meet the re-qualification standards. We are extremely proud of all the athletes that participate at the Games, showing the world out there what we can achieve after a transplant. I know that lots of people were touched by our amazing athletes.

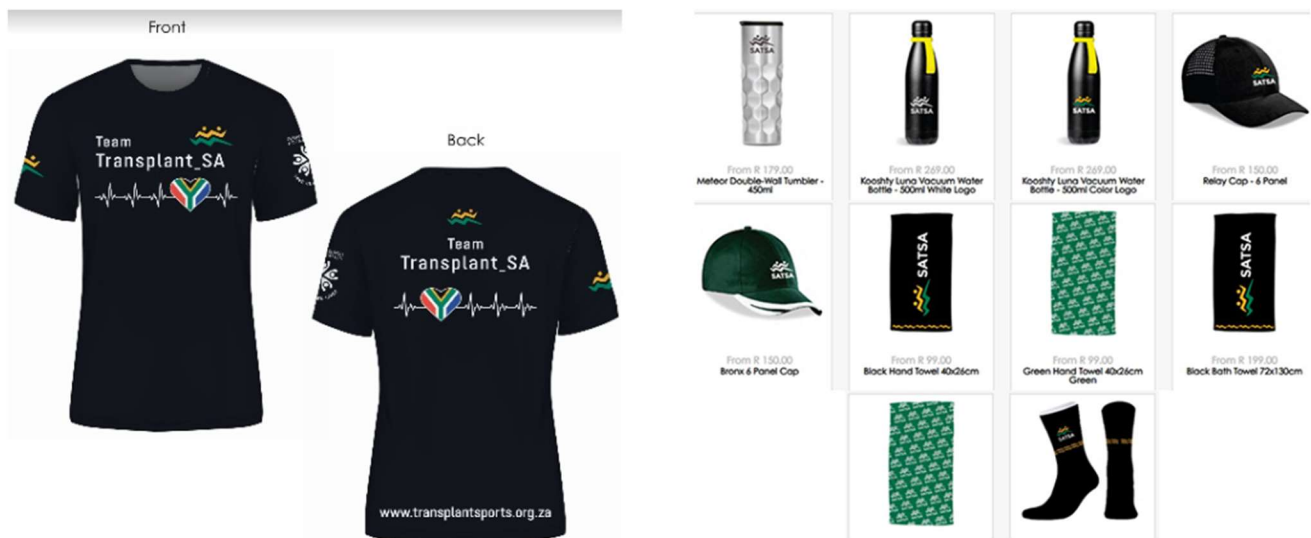
As we enjoy this festive season, let's take the opportunity to recharge, spend time with loved ones, and come back even stronger in the new year. I look forward to all the exciting challenges, growth, and success that await us in the year ahead.

Wishing you all a joyful, peaceful Festive Season and a very happy New Year!

Rentia le Roux, Chairperson: WCTSA



These sports shirts are still available for sale from Jan (Order forms available on the SATSA Website) [Merchandise - South African Transplant Sports Association](#) – Follow the link (View Online) on the Website under 'Merchandise' to buy some of these great new SATSA Merch!



Always Check out our website at <https://transplantsports.org.za/>

Feel free to make a small donation while you are there.