

PROGRAMME FOR THE NTG IN CAPE TOWN 26 – 29 SEPT 2024 - PROPOSED

| DATE | TIME | ACTIVITY | VENUE |
|---|---------------------|-------------------------|--|
| Thursday 26th September | 13:00-17:00 | Registration | Registration, Garden Court Nelson Mandela Boulevard |
| | 18:00 | Welcome function | Lilliebloem, Garden Court Nelson Mandela Boulevard |
| | 19:00 | SATSA AGM | Lilliebloem, Garden Court Nelson Mandela Boulevard |
| Friday 27^h September | 08:00-09:15 | Cycling 30km | Killarney Race Course |
| | 08:00-09:00 | Road Race 5 km | Rondebosch Common |
| | 08:00-13:00 | Golf | Pearl Valley |
| | 09:00-11:00 | Swimming | UWC |
| | 10:00-13:00 | Lawn Bowls | To be confirmed |
| | 10:00-13:00 | Petanque | Pearl Valley |
| | 11:00-13:00 | Squash | Kelvin Grove Squash Club |
| | 11:00-13:00 | Table tennis | Goodwood Sport Centre |
| | 11:00-13:00 | Darts | Goodwood Sport Centre |
| | 14:00-15:30 | Archery | Protea Archery Club |
| | 14:00-15:30 | Badminton | Badminton Centre, Access Park Kenilworth |
| | 14:00-15:30 | Tennis | Pearl Valley |
| | 15:00-16:30 | Awareness event | Mouille Point Lighthouse, Beach Road, Mouille Point |
| | 16:00-18:30 | Ten Pin Bowling | Let's Go Bowling. Claremont |
| | 18:00 – Late | Free | Dinner on Friday evening will be for participants own account |
| Saturday 28th September | 08:00-17:00 | Athletics | Greenpoint Athletic Stadium |
| | 19:00-late | Gala dinner | Lilliebloem, Garden Court Nelson Mandela Boulevard |
| Sunday 29th September | 07:30-15:30 | Departure | |