



WESTERN CAPE
TRANSPLANT SPORTS
 ASSOCIATION

Transplant Sports News

A word from the Chairperson



Since our last newsletter, WCTSA held our Annual General Meeting on 21 May 2022, where a new Management Committee was elected.

I am humbled and honoured to have been elected as the Chairperson of the WCTSA. I have been part of the Transplant Sports Community since 2014 and are very passionate about Organ Donation & Transplantation and Transplant Sport. I strive to serve the members of the Western Cape Transplant Sports Association to the best of my abilities.

A special word of thank you to my fellow Management Committee members for availing themselves to serve on the Committee. I look forward to serving with you during the new term.

The world is slowly returning to the new normal. This allowed 27 athletes from Western Cape to travel to Gqeberha to compete in the National Transplant Games

from 7 – 10 July 2022. We were very excited to welcome twelve new members from the Western Cape that participated in their first National Games. New friendships were made, and old friends were united after a tough two years during the Covid-19 pandemic. Well done to each athlete that participated and demonstrating what can be achieved with a second chance at life after a transplant. All the best to each of our athletes that must attempt re-qualification for selection to the SA Team.

Please stay safe, stay fit, stay healthy.

"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You can say to yourself, 'I lived through this horror. I can take the next thing that comes along'" – Eleanor Roosevelt

Rentia Le Roux

Please contact chair@wctsa.org.za for any Transplant Sports related enquiries or visit our website www.transplantsports.org.za

New Management Committee 2022 - 2024

The Western Cape Transplant Sports Associations Annual General Meeting took place on 21 May in Century City, Cape Town.

The meeting was well attended by our members and a new management committee were elected that will serve the Association until the next elective AGM in 2024.



Management Committee 2022-2024

Vivian de Klerk (Vice Chairperson, Lloyd Perry (Additional member), Merrick Brown (Secretary), Gawie Marx (Additional Member), Alister Johnson (Treasurer), Rentia le Roux (Chairperson), Chantel Menziwa (Additional member), Kristen Henry (Co-opted member)



JP Cawood wins Southern and Eastern Cape Pro-pairs

Western Cape Transplant Athlete and PGA professional, JP Cawood and his partner, Wynand Myburgh walked away with the Clause-Tucker trophy at the Southern and Eastern Cape Pro-pairs. The competition took place at St Francis Bay Golf Club over the weekend of 13 and 14 August.

Day one of the tournament was challenging with some describing the conditions as

“hurricane-like” but fortunately mother nature was kinder on day two and with almost perfect weather JP and Wynand walked away with the overall win.

The pair were able to take the lead with a total of 80 points at the end of day two.

JP is no stranger to Transplant Sports and have represented South Africa at previous World Transplant Games. He competed at the South African National Transplant Games in July 2022 and is busy qualifying to represent South Africa at the 2023 World Transplant Games in Perth, Australia.

We wish JP all the best with his career and with his journey to the 2023 World Transplant Games.

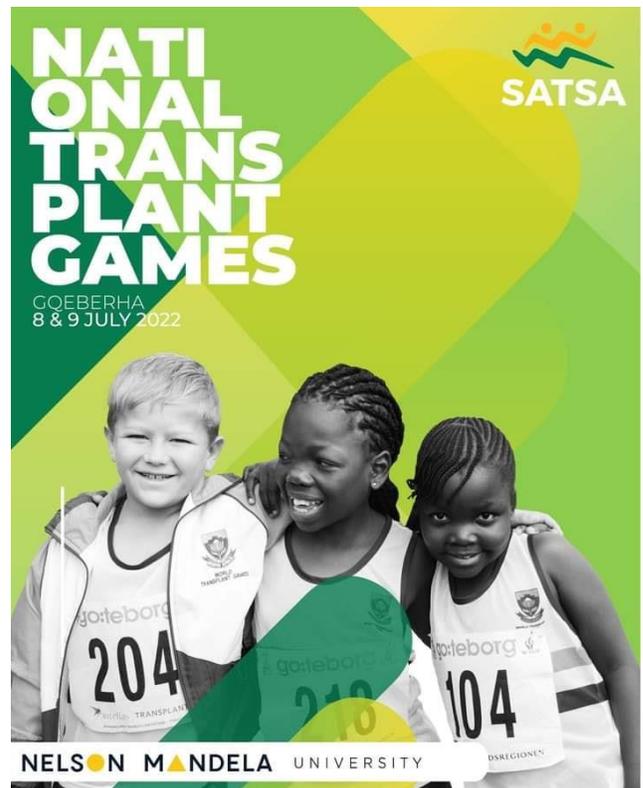


2022 National Transplant Games

Team Transplant gathered in Gqeberha, Eastern Cape in July 2022 to compete at the South African National Transplant Games.

As always, the Games were hosted in a professional and friendly manner and athletes from all over South Africa were able to show their gratitude towards their donors and donor families by participating in a variety of sporting events.

The Games kicked off with the SATSA Annual General Meeting on the Thursday evening where a new Executive Committee were elected that will steer SATSA for the next two years. After the AGM the athletes and supporters had the opportunity to get to know each other before the sporting event started the next day.



NELSON MANDELA
UNIVERSITY



On Friday the non-athletic events took place in various venues around Gqeberha.

The track and field events took place on Saturday at the Madibaz Stadium at the Nelson Mandela University. The Western Cape athletes performed outstanding at this event and most of our athletes were able to reach preliminary qualifying times and distances to be selected for the 2023 World Transplant Games. There were also several of our athletes that were able to better previous SA records and we congratulate each athlete that trained and competed. Many of our new athletes managed to reach qualifying times at the Games and we are excited to see how they grow as Transplant athletes.

The Games ended on a high note with a Gala Dinner that was held at the Nelson Mandela University on the Saturday evening. All participants were presented with a participation medal and a delicious dinner. After dinner Team Transplant showed off on the dance floor and the evening were enjoyed by all.

The Western Cape Transplant Sports Association would like to congratulate all our athletes that competed at the Transplants Games. A special word of thank to SATSA for organising the Games and giving our athletes the opportunity to show what can be achieved after a lifesaving organ transplant.

Take us to Perth!

Annual Golf Day

To assist our athletes to attend the 2023 World Transplant Games in Perth, Australia, the Western Cape Transplant Sports Association will be hosting our Annual Golf Day on 21 October 2022 at the beautiful Paarl Golf Club.

This year the tee-off will be between 11:00 and 13:00 and the game will be in the form of a four-ball alliance.

Entry fees include green fees, shared golf carts, halfway house and prizegiving dinner. Like always, there will be great prizes up for grabs and you might just walk away with R50 000 at the end of the day!

Entrants will also stand the chance to win R50 000 for a hole-in-one (T's and C's apply).

We encourage all our athletes to promote this event as it will assist those going to the World Transplant Games in 2023.

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GOLF DAY

21 OCTOBER 2022
Stand a chance of winning R50 000 for a hole-in-one
(T's & C's apply)

**Paarl Golf Club
Boschenmeer
Estate
Paarl**

Tee-off time 11:00 - 13:00, R 4 500/4Ball
(Includes Green Fees, Shared Golf Carts, Halfway House and Prizegiving dinner)

For more information and bookings:
Email: chair@wctsa.org.za
Rentia le Roux 083 292 1518

Sponsorship and donations will also be appreciated. If you or your company would like to get involved in this event, please contact Rentia le Roux at chair@wctsa.org.za to discuss the opportunities to assist our athletes.

Transplant athletes that are selected as part of Team Transplant traveling to Perth, Australia in 2023 are encouraged to attend the prizegiving dinner after the golf day. Information will be forwarded to all athletes in due course.

Preparing for the World Transplant Games 2023

Excitement is mounting for the 23rd World Transplant Games that will take place from 15th – 21st April 2023 in Perth, Australia.

Our Western Cape Transplant athletes had the opportunity to qualify for this event at the 2022 National Transplant Games and are currently busy with re-qualification attempts before the final team selection at the end of September.

Those that do qualify for the South African Transplant Team or #TeamTransplant can look forward to modern sporting facilities, great climate, and excellent health care services in Perth. After the worldwide Covid-pandemic that forced the WTGF to cancel the previous Transplant Games, this Games promises to bring the transplant community back together again.

The Games are an opportunity for recipients of heart, lung, kidney, pancreas, liver and stem cell and bone marrow transplants, to celebrate the gift of life. An estimate of 3000 athletes from all over the world are expected to compete at the Games.

WHAT DATES WILL THE GAMES BE HELD
Saturday April 15 to Friday April 21, 2023.

WHAT IS THE PURPOSE OF THE GAMES
The Games have two objectives – to promote organ donation and encourage more people across the world to register and support donation; and to help recipients improve their health and fitness around their transplanted organ.

WHO IS ELIGIBLE TO COMPETE
Entry is open to all recipients of life-supporting allografts and hematopoietic cell transplants from other individuals or species, which require or have required the use of immunosuppressive drug therapies.

Competitors must have been transplanted for at least 1 year, with stable graft function, be medically fit, and have trained for the events in which they have entered.

If a potential competitor has been transplanted for at least 6 months, with stable graft function, has been training, and has permission from their own doctor, their entry may be considered by the WTGF medical committee and be allowed to enter.

Age participation is from 4 years to 80+ years.

CAN DONORS COMPETE

Donor families and living donors are invited to participate in five special events that receive special recognition in the schedule.

WHAT SPORTS WILL BE ON OFFER

5km Run, Cycling, Petanque, Volleyball, Badminton, Table Tennis, Tennis, Squash, Swimming, Athletics, Basketball, Ten Pin Bowling, Golf, Darts, Sprint Triathlon (500m Swim, 20km Cycle, 5k Run), Lawn Bowls (Singles) and Six-a-side Football

WHAT ABOUT THE PANDEMIC

Transplant Australia is confident that by 2023 vaccinations for COVID-19 will have been rolled out throughout the world and that international travel and confidence in traveling will have returned. Nevertheless, it is taking into consideration all factors related to the pandemic and has built into the contractual arrangements the option to postpone the Games in the unlikely event the pandemic is still causing problems

WHEN WILL REGISTRATION OPEN

If you are selected for the team, SATSA will send you all relevant information and will assist with registration and bookings.

WHERE CAN I GET MORE INFORMATION

www.worldtransplantgames.org



Inspiration from our athletes



One Day Everyday

recognized by your past and to be remembered by the footprints you leave behind
rooted in the veins of those who will follow and
flowing deep, like water through stone

PLEASE SHARE YOUR
TRANSPLANT RELATED SPORTS
NEWS WITH US.

TO SHARE YOUR STORY OR
ADVERTISE IN THIS NEWSLETTER,
PLEASE CONTACT

VICE-CHAIR@WCTSA.ORG.ZA

filling and feeding souls along the way with
wisdom, spoken by word of mouth,
guidance shown by way of life and
truth revealed with a leading example

this is a life worth writing stories about
real struggles, real people
fighting for what is right and
fighting for those who cannot fight

to be remembered, for days to come
to be remembered, for all you have done,
to be remembered for the courage you show
and
the love that you give and receive

just to be remembered,
isn't that what we all are living for?

one day of good memories, can lead to a
lifetime of joy,
that's what I say

so,

remember
the days you had to fight to get out of bed,
remember
the days you wanted to throw in the towel
and remember
the day a life was given to you,
cause a life given, is a life worth living

powered by love
powered by faith
powered to live and
proudly powered by organ transplant
That is the legacy we will one day leave
behind.

© Bradley Arendse, Kidney recipient



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