



RULES FOR THE EVENTS OF THE 2022 NATIONAL TRANSPLANT GAMES

CONDITIONS OF ENTRY

Entry is open to all Full Members of SATSA. Competitors must have been transplanted for at least 1 year, with stable graft function, **be medically fit and have trained at the events in which they have entered.** If a potential competitor has been transplanted for at least 6 months, with stable graft function, has been training and has permission from his own doctor, his entry may be considered by the Organising Committee.

Registration forms will be sent beginning February and must be returned by end February. Medical evaluation must be done during April and May and the Medical Certificate and a "Statement by Participant" (MF1) form for each competitor **must** be submitted by 30th May. Each transplantee must complete and return a "Waiver" form with his/her sport registration, which states that he/she has knowledge of the rules and of the difficulties of the event and of the medical requirements of the Games.

Entry forms must include a signed declaration that each competitor is fit and has trained for the events entered.

COVID-19 REGULATIONS

SATSA will follow all Covid-19 regulations as published by SASCOG as well as the different Sporting Federations for the period of the Games. At the time of compiling this document, no compulsory proof of vaccination is required for participation or attending the Games as a spectator.

As a member of the World Transplant Games Federation, SATSA needs to adhere to all Covid-19 regulations as applied by the host country in which the World Transplant Games (WTG) will take place. The 2023 WTG will take place in Perth, Australia.

AGE GROUPS

Athletes will compete by gender in the following age groups:

- 18-29 years - 30-39 years - 40-49 years - 50-59 years - 60-69 years - 70years >
- Age on the day of the Opening Ceremony of the Games will apply.

Juniors will compete in events designated as junior events by gender in the following age groups:

- 6-8 years - 9-11 years - 12-14 years - 15-17 years

Juniors 16 or 17 years of age are permitted to compete in adult age events but must then compete only in adult events. Age on the day of the Opening Ceremony of the Games will apply.

Competitor numbers/ identifications for each age group shall be worn so that competitors will be able to easily determine each other's age group during competition.

MEDALS

All athletes will receive a medal of Participation. Medals will also be awarded to athletes who attain the re-qualifying standards three months before the World Transplant Games.

ENTRANTS

There will be a separate heat or bracket for each age group if eight or more individuals compete in that category. If there are fewer than eight individuals or in other cases, age groups may be combined in the interests of competition.

Athletes will be allowed to enter a **total of five events, with the condition that they have trained at these events. Athletes may not enter events that take place at the same time (See section on Extra-ordinary Qualification opportunities)**

Failure of an athlete to appear at any event when called will result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear. An athlete cannot withdraw from one event in order to compete in another after having entered.

Only those who have registered for that event may compete. No last minute entrants will be accepted.

SPORTING EVENTS

Badminton

Rules: Tournament will be governed by International Badminton Federation rules (<http://www.internationalbadminton.org/statues.asp><http://www.intbadfed.org/rules.html>).

Format: Competition in men's and women's singles, competition in junior male and junior female singles. Single elimination tournament, best of three games to 9 points.

Equipment: Shuttlecocks will be provided. Racquets will not be provided.

Cycling

Rules: The event will be governed by International Cycling Union rules (<http://www.uci.ch/english/about/rules.htm>), except as modified herein.

Format: The event will be a 30 kilometer road race by age groups. Some age group races will be combined in the interest of competition.

Equipment: Bicycles will not be available for rent; you must bring your own. Helmets must be worn. Bicycles must be in a safe and rideable condition. There will be a mandatory safety inspection for all competitors. Coloured bibs worn on the back will be used to differentiate the age groups.

Darts

Rules: The event will be governed by World Darts Federation Rules (<http://www.dartswdf.com/wp-content/uploads/2010/12/WDF-Playing-TournamentRules.pdf> except as modified herein.

Format: Both men's and women's singles and triple mix (men or women) matches. In the single events opening score from 301. For team play the opening score is increased to 501. The first to reduce their score exactly to zero is the winner. Competitors do not need to finish on a double. If a score greater than that required to reach zero is thrown, then none of the three darts count for that throw and the score remains as it was before that particular throw was taken.

Equipment: Competitors must provide their own darts.

Golf

Rules: The event will be governed by the Royal and Ancient Golf Club of St. Andrews (R&A) Rules (<http://www.randa.org/index.cfm?action=rules.rulesub.rulespage>) except as modified herein.

Golfers to adhere to the club's local rules and dress regulations.

Format: Golfers will compete in an 18-hole stroke-play individual tournament. Acceptable proof of a player's latest official handicap must be submitted on the day of play.

Equipment: Players to provide own clubs. The use of golf carts are permissible but will be for *players own arrangement and expense*.

Lawn bowls

Rules: Tournament will be governed by World Bowls board (<http://www.worldbowlsld.co.uk/main.html>) rules, except as modified herein.

Format: Competition will be singles (by age group). Length of singles games will be based on a point system.

Equipment: Competitors will bring their own bowls and must wear flat shoes; bowling shoes are not mandatory however shoes with heels are prohibited.

Petanque

Rules: The event will be governed by International Federation Petanque rules (<http://www.usapetanque.org>), except as modified herein.

Format: Competition in men's and women's singles.

Equipment: Competitors should provide own boules.

Road race

Rules: The event will be staged over a road course. Every effort will be made to provide maximum security for the competitors. Water will be available as dictated by the course but ideally at approximately 2/3 of the course distance. Men and women will compete over 5 kilometers,

Squash

Rules: The event will be governed by World Squash Federation rules (<http://www.worldsquash.org/rulescontents.html>), except as modified herein.

Format: Competition in men's and women's singles; competition in junior male and junior female singles. All games will be the best of five games to 9 points.

Equipment: Players to provide own racquets. Balls will be provided.

Swimming

Rules: The event will be governed by Federation Internationale de Natation (FINA) rules (<http://www.fina.org/rules.html>), except as modified herein.

Format: The following events will be held: freestyle (50, 100, 200, 400), breaststroke (50, 100) backstroke (50, 100), butterfly (50), and 200 individual medley.

Table tennis

Rules: Tournament will be governed by International Table Tennis Federation rules (<http://www.ittf.com/Regulations/Regulations.html>), except as modified herein.

Format: Competition in men's and women's singles and junior men's and women's singles, doubles (not by age group – entries dependant). All games will be the best three out of five games to 11 points.

Equipment: Competitors must provide own paddles. Competitors must wear court shoes. Balls will be provided.

Ten pin bowling

Rules: Tournament will be governed by World Tenpin Bowling Association rules (<http://www.wtba.ws/>), except as modified herein. Events are men's and women's singles.

Format: There will be a two or four games series in the singles competition.

Tennis

Rules: Tournament will be governed by International Tennis Federation rules (<http://www.usta.com/rules/>), except as modified herein.

Format: Competition in men's and women's singles and junior men's and women's singles,

Equipment: Players provide own rackets. Balls will be provided.

Track and field

Rules: Tournament will be governed by International Amateur Athletics Federation rules (<http://www.iaaf.org/downloads/IAAFhandbook/index.html>), except as modified herein.

Format: Track Events: 50, 100, 200, 400, 800, 1500, 5000 power walk (3000 for women).

Field Events: Long jump, High jump, shot put, discus, javelin, ball throw

High Jump and Shot Put will not be contested for competitors ages 14 and under.

Ball throw: Cricket ball weight 156 grams

Age Group	Shot put	Discus	Javelin
Men			
15 - 17	5kg		
18 - 29	7.26 kg	2 kg	800 gr
30 - 39	7.26 kg	2 kg	800 gr
40 - 49	7.26 kg	2 kg	800 gr
50 - 59	6 kg	1.5 kg	700 gr
60 - 69	5 kg	1 kg	600 gr
70 - 79	4 kg	1 kg	500 gr
80+	3 kg	1 kg	400 gr
Women			
	Shot put	Discus	Javelin
15 - 17	3kg		
18 - 29	4 kg	1 kg	600 gr
30 - 39	4 kg	1 kg	600 gr
40 - 49	4 kg	1 kg	600 gr
50 - 59	3 kg	1 kg	500 gr
60 - 69	3 kg	1 kg	500 gr
70 - 79	2 kg	0.75 kg	400 gr
80+	2 kg	0.75 kg	400 gr

JUDICIARY COMMITTEE AND DISPUTES

The Organising Committee will appoint a Judiciary Committee of at least three persons to resolve any dispute arising in conjunction with the sports of the Games.

PROTESTS

Protests can be made to the referee for each sport within 30 minutes of declaration of the event result. Protests will be passed to the Judiciary Committee who will make a decision as soon as possible.

RESULTS

Results will be announced as soon as they become available. The names of those athletes, who qualified for selection to represent South Africa at the next World Transplant Games and who will go through to a second round of qualifying, will be announced as soon as possible after the NTG.

EXTRA-ORDINARY QUALIFICATION REQUESTS

A request for Extra-Ordinary Qualification will be considered in the following circumstances:

- Athletes who due to unforeseen circumstances could not attend the scheduled National Transplant Games (NTG)
- Athletes who experienced clashes with sports items during the NTG. **TAKE NOTE: Permission for extra-ordinary qualification will only be given if the sports item does not clash with other items on the World Transplant Games 2023 schedule.**

This request must reach the Secretary of SATSA **no later than 30th June 2022**

Completed **Medical forms (MF1 & 2 similar as for National Games)** must accompany the request.

The Management Committee will consider the request and if successful, the athlete will be allowed an attempt at qualifying between **11th and 31st July 2022**.

This attempt should take place in a regular competition or with specially arranged adjudicators, approved by SATSA and the Federation representing that sport discipline. The arrangements & costs associated with this, is the responsibility of the athlete.

The athlete must notify the Secretary of SATSA about such arrangements at least **7 days before** the event will take place.

The Secretary of SATSA will provide the athlete with the necessary qualification forms.

30 January 2022

