

SATSA Management Committee

DECEMBER 2017

Getting to know the Management Committee of SATSA

December 2017

#TAKING YOUR ORGANS PLACES

KNOW YOUR COMMITTEE

SATSA Committee Members

Chairperson: Stan Henkeman

Stanley Henkeman is the Executive Director of the Institute for Justice and Reconciliation (IJR) in Cape Town. He is the former HOD for the Building an Inclusive Society Programme at IJR. He previously worked as a teacher, lecturer and manager. Stanley has extensive experience in facilitating learning. He is equally comfortable and effective with grassroots and sophisticated audiences. Stanley is a skilled mediator, public speaker and facilitator. He holds an MA Degree and is currently the Chair of the South African Transplant Sports Association. He also represented South Africa as an athlete at four World Transplant Games.

Stan Henkeman is Exec Director at the Institute for Justice and Reconciliation (IJR) in Cape Town. He is the former HOD for the Building and Inclusive Society Programme at IJR. He previously worked as a Consultant in the field of training, motivation and mentoring. He has extensive experience in facilitating learning, development and service delivery processes for groups of adult learners. He specialises in the areas of Effective Conflict Transformation, Effective Communication, Emotional Intelligence, Change Management, Leadership and Management skills. He has worked in South Africa as well as internationally with governments, civil society and international NGO's. Stan played a pivotal role as facilitator/mediator in the xenophobic crisis in the Western Cape between May and November 2008 and has established himself as a skilled mediator and facilitator of difficult processes. He is equally comfortable and effective with grass roots and sophisticated audiences.

Stan has served on a number of boards and held leadership positions ranging from education, religion, sport and Toastmasters International. He holds a Teacher's Diploma, MA Degree and a number of short-course qualifications, including Emotional Intelligence, Working with Multi-Stakeholder Dialogues and Leading Development Practice. Stan has also attained Advanced Communication (Silver) status with Toastmasters International and is a Common Purpose graduate.

Stan is also a keen hiker and has traversed many trails inside and outside South Africa. He represented South Africa at 4 World Transplant Games in Australia, Sweden, South Africa and Argentina. He captained the National team in 2013 and 2015 and 2017.

Stan's specialties include facilitating difficult (conflictual) processes and public speaking, coaching of managers and emerging leaders and mentoring young leaders.

At the age of 48, after six years of low quality existence which resulted from a massive heart attack in 2001, Stanley received a heart transplant. Since then he hasn't looked back and is now the National Chair of the South African Transplant Sports Association and has represented South Africa at five World Transplant Games in Australia, Sweden, South Africa, Argentina and Spain respectively, the last three as the Team Captain.



Vice Chairperson: Anton Roux

Anton Roux resides in Kyalami, Johannesburg and is married with 3 adult children. He's sporting activities include golf, archery and shooting. Anton is also a qualified Auctioneer. He's says he's very technical and enjoys building, plumbing, electrical and wood crafting. He is passionate about inventing.

ACADEMIC HISTORY

Laërskool Unika, Hoërskool Randburg

Hoërskool Linden, Hoërlandbouskool Morgenson

In 1996 qualified as a Master Woodcraftsman 96/41

In 2000 I qualified in coffin making with Superior Woodworks in Kimberley District

I qualified as an auctioneer in February 2015 with the South African College of Auctioneering. (Diploma No: 0215006

MEDICAL HISTORY

In January 2004 I went into kidney failure. I had a kidney transplant in 2007 and I have been in good health since. I go for three-monthly check-ups every year to monitor my progress. I am a non-smoker.

ACCOMPLISHMENTS

Currently I am Chairman for the Gauteng Transplant Association.

I am also a member of the Athletes' Commission SATSA.

As from 2014 I am National Vice-Chairman for the South African Transplant Sports Association which is fully recognized by the Olympic body SASCOC.

In 2010 I received my National Colours.

In 2011 I participated in the World Transplant Games in Sweden.

In 2013 I participated in the World Transplant Games in Durban and earned a silver medal for golf.

WORKING HISTORY

1973 – 1974	O K Bazaars Floor Manager.
1975	National Army Service.
1974 – 1977	Enterprise Container Lines. Operations Manager
1977 - 1978	Interline Freight Interchange. National Ops. Manager
1978 - 1983	African Sea Transport. Container operations manager
1983 – 1985	Ellermann & Bucknall. Nat. Int. Ops. Manager
1985 – 1987	Nantai Shipping. Branch Manager

1987 – 2009 Roux Freight and Maintenance, Anton's' Woodcraft,

Celestial Coffins and Caskets, Ant Putters (Self-employed)

Auctions every Saturday.

In August 1987 I started my own company. Drawing on my experience and contacts in the shipping and purchasing fraternity I became a consultant, sourcing, buying, and shipping out helicopter spares for corporate as well as government concerns.

Being an able craftsman in my spare time I decided to make this a full-time occupation. I contracted out to Sembel-It. This is a kitchen manufacturing concern and I was tasked with designing, drawing plans on the computer and installing their kitchens and bathrooms nationwide.

In 1997 I decided to diversify and set up my own factory in Sun Valley, Kyalami, manufacturing wooden corporate gifts.

I manufactured trophies for large concerns like Sanlam, Eskom, Telkom, Mnet, DSTV, Sun City, SABC, COSATU and various municipalities.

I approached the Royal and Ancient Golf Association of Scotland to manufacture a wooden golf putter to test the market. These putters were manufactured out of a large variety of indigenous woods and took off well. I stopped manufacturing other wooden products and concentrated mainly on putters.

For 2 successive years I went to America on invitation of the PGA to exhibit my putters at their trade fair in Orlando Florida.

I appeared on Pitch and Putter, SABC 3 and Complete Golfer.

I decided to diversify in making coffins and caskets for the Botswana markets. I was making coffins and caskets for 6 years. I concentrated on the upper-class caskets and coffins i.e. solid wood coffins and dome caskets. I also prepared coffins/caskets fully lined. We were exporting to various buyers in Botswana on a weekly basis. Our factory was fully equipped to do large orders and we could cope with every aspect in coffin making. My skill in operating machinery and machine maintenance is of a very high standard.

During this time, I also worked part time for Transport Intelligence Services supervising the loading of scrap steel on vessels during nightshifts in Cape Town/East London/Port Elizabeth/Durban.

I have been maintaining my own machines and all our templates and workbenches were made by me to speed up the manufacturing chain for efficient delivery.

I have always had an excellent relationship with staff because I have always treated them fairly and with respect. I am very much a "hands on" person and "not afraid to get my hands dirty" manager. This has generated mutual respect from my workers in the advertising, marketing and manufacturing world.

I am presently helping schools, churches and companies with their corporate golf days and my knowledge on golf is of high standard. I am a keen golfer and was involved in playing in the Gauteng better ball league as a full member for Kyalami Country Club. (1996 to 2007)

I am currently a freelance auctioneer after doing my Diploma. I have been doing Auctions for 35 Years but only did my diploma in Feb 2015.

Presently Auctioning house hold goods and deceased estates general goods



Executive Secretary: Hermann Steyn

THOD. M.IAC. Cert.Business Writing & Legal Documents, Certificate of Achievement in Sports and Recreation Management

BACKGROUND

I was born in Springs, Gauteng and schooled at Heidelberg Hoër Volkskool, Goudstad Teachers Training College, The School of Business Studies, I.C.S and University of Cape Town, Faculty of Law. I completed a number of informal courses at various institutions in marketing, finance, insurance, computer technology and sport and recreation management.

My work experience included a spell as Ledger Supervisor at Standard Bank, Accountant and Administration Manager at OK Bazaars, Branch Manager at the Automobile Association, Public Relations Officer for the Rembrandt Tobacco Corporation, Financial Advisor at Sanlam, Independent Insurance Broker, Director & Company Secretary at PPI Group, Franchise owner of Wizard Home Loans, General Manager of Randbond Finance, Administration Executive at Bondpro Finance.

TRANSPLANT INVOLVEMENT

After a myocardial infarction and a heart bypass operation, I became involved in cardiac patient visitations, support, and was the Chairman of the Helderberg Cardiac Support Group from 2008 until 2014.

In March 2012, I was placed on the waiting list for a heart transplant and was medically boarded. I received a heart transplant on 5 December 2012.

INVOLVEMENT IN SPORT AND TRANSPLANT SPORT

After fully recovering from my transplant, I was appointed as the Executive Secretary of the South African Transplant Sports Association in December 2014. I am also the current Chairman of the Western Cape Transplant Sports Association.

I participated in the SA Transplant Games in October 2014 and qualified for the World Transplant Games in Mar del Plata, Argentina in 2015 where I won a silver medal in the shot put and gold medal and achieved a world record in the discus. I was also the Team Manager.

I participated in the SA Transplant Games in October 2016 and qualified for, and participated in the World Transplant Games in Malaga, Spain in 2017. I was once again the Team Manager.

ACHIEVEMENTS, CONTRIBUTION AND AWARDS

Protea Colours in Transplant Sport

Western Cape Colours in Transplant Sports

I became a certified Level 1 coach in 2016 in Western Province Athletics.

I have certificates in Community Coaching and High-Performance Decision Making

I received Merit Awards from Bellville Athletics in 2015 and 2016

I was the Runner Up as Administrator of the Year for the Western Province Sports Council in 2015 and a Finalist as Administrator of the Year of the Cape Town Sports Council in 2017

MEMBERSHIP

Chairman, Western Cape Transplant Sports Association	2014-
Member of SA Transplant Association	2010-
Member: Maties Athletics, Bellville Athletics	2013-
Chairman, Helderberg Cardiac Support Group	2009- 2014
Member, Heart to Heart Transplant Support Group	2010-
Member, Institute of Directors	2007-
Committee Member, Junior Sakekamer van Pretoria	1984-1989
Committee Member, Vryburgers van Centurion	1990-1997
Institute of Marketing Management	1984-
Public Relations Institute	1984-
Life Underwriters Association of SA	1995-1997
Committee Member Selector, Brooklyn Bowling Club	2002-2003

PERSONAL CHARACTERISTICS

I am a strong team player with good leadership and people skills and I am well respected by my peers.

I possess excellent communication skills, both written & verbal, and excellent presentation skills and an ability to work individually on a project or in a team environment.

I have excellent problem solving & analytical skills and I have demonstrated the ability to manage details, efficient work habits, and flexibility.

I have outstanding organizational skills and the ability to handle multiple projects simultaneously while meeting deadlines and I am able to prioritize tasks in a fast-paced environment along with the ability to accept interruptions as part of the routine.

I have a self-starter approach to work, with an eagerness to consistently meet and exceed objectives and take on more responsibility

I lead by example, ethically, with vision, competence, courage, determination and integrity.

I am a leader who values honesty, openness, accountability and transparency.

I balance fairness with firmness, insist on doing things right and doing the right thing.

I am able to learn from setbacks and remain open to new learning experiences and to sharing the learning with others.

I believe in equal opportunities and developing people to be the best that they can be.

I am confident that I can and do add value to a very competent, dynamic SATSA leadership team.

MY GOALS FOR SATSA

To contribute to the leadership of SATSA, the business management, corporate governance and development of all aspects of Transplant Sport through:

- Continuous evaluation and maintenance of organizational structures that enable SATSA to:
 - o Develop transplant sport and produce world class athletes
 - o Promote healthy, safe, fair events.
 - o Grow public interest, sustainability and respect for each other and the environment
 - o Encourage athlete participation, advance communities by leaving a legacy of involvement, inclusion, equal opportunities for all.
- Focussing on key areas such as: a) Finances b) Internal processes c) Stakeholders (Department of Sport and Recreation, SASCOC, LOTTO, etc.) d) Learning and Growth
- Support of scientific research to ensure ethical practices to health and safety
- Promoting organ donation and transplantation
- Fulfilling my role as an ambassador for Fit for Life! and Transplant sport in South Africa, on the African Continent and internationally.



Treasurer: Dick Kruger

BACKGROUND

I was born in Boksburg, Gauteng and matriculated from Dr EG Jansen Hoërskool. Hereafter I did nine months National Service.

I completed a number of courses at various institutions and have diplomas in production, procurement, purchasing management, and industrial relations.

My employment history and work experience included Production Planner at Colgate Palmolive, Production Controller at National Chemical Products, Production Planning & Procurement Department Head at Eli Lilly (SA) (Pty) Ltd, Chief Buyer/Cost Accountant at Table Top, Logistics Manager at Lancomê and Purchasing/Logistics Manager at Clark Cotton.

I underwent a quadruple heart bypass in 1997 and was medically boarded in 1998.

Relocated to Cape Town in 1999.

TRANSPLANT INVOLVEMENT

In February 2009 I was placed on the waiting list for a heart transplant. In May 2009 I received a heart transplant.

I was made aware of the South African Transplant Sports Association while recuperating in hospital after my transplant and on my discharge, became a member.

I am currently the National as well as Western Cape Treasurer for SATSA.

I participated in the SA National Games in 2010 and qualified for the World Transplant Games in Sweden 2011, in 2012 I qualified for the 2013 games which were held in Durban where I won a silver medal in golf, in 2014 I qualified for the 2015 games held in Mar del Plata, Argentina, and in 2016 qualified for the 2017 games held in Malaga, Spain.

ACHIEVEMENTS

Protea Colours in Transplant Sports

Western Cape Colours in Transplant Sports.

MEMBERSHIP

National & Western Cape Transplant Sports Treasurer

Member of the South African Transplant Sports Association

Member Heart to Heart Transplant Sports Group

Member of Kuils River Golf Club

Affiliate Graduate Member – Production Management Institute of SA

Member of SA Production & Inventory Control Society

1984-

PERSONAL CHARACTERISTICS

I am a hands-on person, a team player who enjoys challenges and meeting deadlines. I have good communication skills, integrity and excellent problem-solving capabilities. I have a sympathetic ear and resolve problems diplomatically.

I am trustworthy, honest, reliable, diligent and meticulous. I value my privacy and that of my family.

I am a devoted member of SATSA

I believe in equal opportunities for all.

GOALS FOR SATSA

To assist and encourage the growth of the organisation.

- To promote organ donor awareness
- To promote organ transplantation
- To promote membership of SATSA.
- To encourage participation in transplant sports
- To create public awareness for funding and financial needs of especially disadvantaged athletes.
- To ensure that the SATSA finances are well looked after and expenditure spent wisely.

Regional Key members

Kwa-Zulu Natal



Richard Siedle

Born in Durban 18 February 1938. Third son of Jack and Lesley Siedle.

Attended Durban Preparatory High School then moved with family to Cape Town in 1950 and completed senior school at Rondebosch Boys High.

Studied at University of Cape Town attaining a Bachelor of Arts Degree majoring in Economics and Geography. Sports interests were Cricket, Rugby and Golf.

Furthered his education in London 1960-64 in Shipbroking. Appointed a Fellow of the Institute of Chartered Shipbrokers before returning to Durban to join the family shipping business of King & Sons Dunn and Company. Married Patricia Ann Hunter at that time and produced a family of 4 children James, Samantha Richard and Janine.

After a period as an Executive Director of Unicorn Lines he started his own shipping company in 1977 called Zambezi Africa Line which offered coastal shipping services from Durban to Mozambique, Mauritius, Seychelles and other Indian Ocean Islands.

Retired together with second wife Elsa nee Bommen at Umdloti Beach which is a village north of Umhlanga Rocks in KwaZulu-Natal where they have been living for the past 30 years.

Served as Chairman of Umdloti Beach Ratepayers & Residents Association, with my late wife Elsa assisting with all the secretarial work involved.

Joined SATSA in 2012 and became Chairman of KwaZulu-Natal in 2014 until recently but continue as a committee member.

Sports interests are now Bowls and Pétanque.



I was born in Durban and attended St Anthony's Primary School and thereafter Overport Secondary for my high school years. After matriculating, I attended the Durban Computer and Commerce College, where I did a programming and Financial Management

course. Thereafter I worked at KFC as a store manager and completed a course in Retail and Beverage Management. Moving from KFC, I assumed a position in the Banking Industry as a Credit Controller. In 1991, together with a business partner, we opened our own company called Parker Sinclair and Associates. The company was primarily responsible for debt collection and credit control. During this time, I enrolled at UNISA for a B. Com degree. I studied for three years but due to work pressure and the fast growth of our business, I unfortunately did not complete my final year of study.

In 2002, together with other business partners, I took up the opportunity to set up a property development company, Modtown Developments (PTY) Ltd. Together with the Tongaat Huletts Group; we built mixed-use residential and commercial units in the Umhlanga Newtown precinct.

In 2012, I set up a restaurant in Umhlanga that I managed and subsequently sold in 2015. I am currently involved with developments of residential dwellings. I am also the Managing Director of Sans Logistics, which is a transport company.

TRANSPLANT INVOLVEMENT

In 2011 I went into kidney failure due to a polycystic kidney disease and was on dialysis for about four years and subsequently received a kidney transplant in January 2015. I thereafter became a member of SATSA in 2016.

INVOLVEMENT IN SPORT AND TRANSPLANT SPORT

In 2017 I qualified for the first time to participate in the World Transplant Games in Malaga, where I played in the Golf Tournament.

ACHIEVEMENTS, CONTRIBUTION AND AWARDS

Received numerous golf awards from my Golf Club and the most recent one after my transplant was an award for my Perseverance and Diligence to the game.

MEMBERSHIP

Acting Chairman, KZN Transplant Sports Association	2017
Vice Chairman, KZN Transplant Sports Association	2016
Member of Solstice (development) Body Corporate	2010 - 2012
Member of Equinox (development) Body Corporate	2009 - 2011
Member of 7 on Millennium (development) Body Corporate	2006 - 2010
Member at the Mount Edgecombe Country Club	2008 - current

Member of East Coast Golf Club 2007 - current

Treasurer of St John's Parish 2002 - 2005

Chairman of Fountain Court Body Corporate 2000- 2003

PERSONAL CHARACTERISTICS

I am an excellent team player, having long standing partnerships with a few members whom I have worked with in the property industry.

I am reliable and committed and endeavour to give of my best in all projects that I undertake.

I am an entrepreneur and enjoy taking on challenging projects with astuteness, undertaking the same with integrity and honesty.

I strongly believe in working with people and allowing equal opportunities to all, despite the level of contribution; and firmly believe that all efforts should be recognized and applauded.

I am an extrovert who takes up every opportunity of meeting new people and developing relationships.

I enjoy brainstorming sessions with people and friends to broaden my perspectives in the business world and on life in general.

MY GOALS FOR SATSA

- To grow the KZN region membership as well as bringing it on par with the demographics of the region.
- To try to maximize funding from different sources so that we may be able to assist all members to participate in the events that are being planned, without having the financial burden that prevents them from participating.
- To try to introduce some coaching sessions in the various sport disciplines, to maximize athletes' abilities and hence qualify them for the Provincial and thereafter World Games.
- To utilize all available media to gain more exposure of SATSA and educating people on the impact of becoming organ donors.



Michelle Michael

Michelle Michael is from Durban, South Africa.

Michelle Michael is an attorney who founded Dlamini Michael Incorporated together with Phelelani Arthur Dlamini in South Africa. She was inspired to become a lawyer as she was always fascinated by the dynamics of this field and it is a very tangible way to assist others, especially women and children. Ms. Michael has earned Bachelor of Laws from UNISA the erstwhile University of Durban Westville now known as UKZN. She was admitted in the High Court as an Attorney, Conveyancer and Notary Public on the same day. She also earned a Diploma in Insolvency through University of Pretoria and Certificate in Deceased Estates. She has a

Certificate in Pension Law and CCMA. She is a qualified mediator.

Dlamini Michael Incorporated evolved from a small practice in Verulam in August 2005 and now has offices in Durban. Ms. Michael purchased Gavin Gow Attorneys in 2015 which is the first and oldest practice in Umhlanga, in existence for 34 years. Michael is also the Director of four franchises of Property. CoZa – Berea, Durban North, Umhlanga and Ballito.

To keep on top of industry changes, Ms. Michael affiliates with the Law Society of South Africa, the Black Lawyers Association, the Women of Property Network, the Business Women's Association of South Africa and the South African Women Lawyers Association. She acts as the Secretary of the Black Conveyancers Association and Association of Business Rescue and Insolvency Practitioners in South Africa. She is the Chairperson of the Verulam Legal Circle. She is the President of South African Women's Forte which is a Non-governmental and Non-profit registered Charity organization. Ms. Michael was recently nominated Business Women of the Year in 2013, Professional category and was been selected as the top three by the BWA. She received the Women of Courage Award from the Miss India South Africa Pageant and an Award from the Tamil Federation of South Africa. She has acknowledgements from King Goodwill Zwelithini, ChildLine, Child Welfare Society and Phoenix Therapy Centre and The KZN Blind and Deaf Society

Michelle has presented papers in France and Mauritius on Women's Issues which is very close to her heart

Ms. Michael had a double lung transplant in 2012 and is passionate about awareness and promotion of Organ Donation. She is an active member of the South African Transplant Sports Association.

Ms. Michael also served as a Councillor in the eThekwini Municipality in post-apartheid South Africa. She also served as an Executive member of the Africa Dialogue Group, which comprised public representatives from different African Countries.

Ms. Michael has been profiled in the Sunday Tribune Business Times, South African Property Association Magazine, Change Now Magazine, Durban Chamber of Commerce and Industry, Face of Women Magazine and the Post Newspaper.

Gauteng



Brian Lombard

BACKGROUND

I was Born in Germiston Transvaal and went to Alberton Primary School, then went to John Orr Technical High School, transferred to Marais Viljoen Technical High school.

I Joined the South African Air Force in 1963 and left in 1967 in November 1967 I joined International Business Machines, I was a technician until 1987 when I became a member of Board Repair Technologies I remained there until my Transplant on 13th February 2007.

INVOLVEMENT IN SPORT AND TRANSPLANT SPORT

In 2010 I was asked to be the Master of Ceremony at the 2010 National Game which I excepted at that meeting I decided that I can do this, in 2012 I registered to participate in Discus, Javelin and Ball throw which I qualified in all three items, I then went to the 19th World Transplant Games in Durban I got a 6th place for Discus, Javelin and a 10th place for ball throw, I did qualify for the 20th World Transplant Games in Argentina but decided not to attend, in 2016 National Transplant Games I Qualified in five items Discus, Javelin, Shot put, Petanque and Ten Pin Bowling, I was invited to attend the 21st World Transplant Games in Malaga Spain these games were held 24th June 2017 to 2nd July 2017 I achieved three Bronze and one Silver, Discus, Javelin and Petanque I received Bronze, I received a Silver for Shot put.

ACHIEVEMENTS, CONTRIBUTION AND AWARDS

Protea Colours in Transplant Sport

CURRENT POSSITION

Vice Chairman of Gauteng Transplant Sports,

Member SATSA Management Committee

Courier for Webantics Online

Eastern Cape



Robyn Emslie
BACKGROUND

I was born in East London, Eastern Cape & attended school at Cambridge High School, East London.

I attended Port Elizabeth Technikon & completed my National Diploma Medical Technology (Clinical Pathology) at Universitas Hospital, Bloemfontein.

My work experience included the following:

Universitas Hospital, Bloemfontein: student Medical Technologist

SAIMR (NHLS), East London: Medical Technologist

Ampath Laboratories, East London: Medical Technologist up to Assistant Lab Manager

Nestle, East London: Medical Representative

National Renal Care (NRC), East London: Pre-Dialysis Educator (Healthy Start)

Adcock Ingram, East London: Product Specialist PD/HD

PathCare Laboratories, East London: Client Services Officer/Marketing

TRANSPLANT INVOLVEMENT

I was diagnosed at age 13 with Chronic Glomerular Nephritis (1986). In 2007 I went into End Stage Renal Failure (ESRF) & commenced dialysis (HD) at NRC in East London. After 1 year on dialysis, I was fortunate enough to receive a kidney from my sister in law, & was transplanted on the 12th February 2008.

In May 2009 I joined National Renal Care as the Pre-Dialysis Educator, & from then onwards was involved in renal support groups, patient education & monitoring, & family education & support.

Although I no longer work at NRC, I still assist with talks & support groups for renal patients & pre/post-transplant patients.

INVOLVEMENT IN SPORT & TRANSPLANT SPORT

After my transplant, & while still booked off to recover, I started playing lawn bowls socially, & eventually on a competitive level.

I also started power walking, which I did for around 5 years, & now I do road running, & have completed 6 half marathons (21kms) since the beginning of 2016.

I am the current Chairperson of the Eastern Cape Transplant Sports Association.

I participated in the SA National Transplant Games in 2008, 2010, 2012, 2014, 2016, & qualified for each of the World Transplant Games (WTG) the following year.

I have taken part in the following WTG:

2009 Gold Coast Australia - took part in Lawn Bowls (gold medal: singles), Ten Pin Bowling & Power Walking
2011 Gotenborg, Sweden - took part in Ten Pin Bowling & Power Walking
2013 Durban, South Africa – took part in Lawn Bowls (gold medal: singles; bronze medal: doubles) & Power Walking
2015 Mar del Plata, Argentina – took part in Petanque (bronze medal: singles)
2017 Malaga, Spain – took part in Petanque (silver medal: doubles)

I was the SA Team Vice Captain in 2015 & 2017 WTG.

ACHIEVEMENTS, CONTRIBUTIONS & AWARDS

Protea Colours in Transplant Sports Eastern Cape Colours in Transplant Sports

MEMBERSHIPS

Health Professional Council of South Africa (previously The South African Medical & Dental Council) (from 1995 – current)

Chairperson of the Eastern Cape Transplant Sports Association (from 2014 – current)

Member: Old Selbornians Sports Club, East London Oxford Striders Running Club, East London

PERSONAL CHARACTERISTICS

I am a strong-willed, determined person, & I never give up

I am hard-working, & always persevere until I have completed a task given, or reached a goal I have set

I am a good team-player, but also work well on my own if/when needed

I have excellent computer skill, & have used Microsoft Office & Power point for many year

I am very confident in doing presentations, on either an educational or information level, as I am very out-spoken & enjoy addressing groups of people I believe people look to me for advice & guidance, as I am easily approachable & open minded

Overall, I love working with people & always try & encourage & bring the best out in them

MY GOALS FOR SATSA

As Chairperson of the ECTSA, my goal is to continue to try & grow my area, as well as SATSA as a whole

I hope to do this through:

- Promoting organ donation & transplantation
- Market the association & increase awareness of post-transplant sports (SATSA)
- Host events (e.g. Golf days, fun walks) to raise awareness & funds for SATSA & our athletes

I will always hold the SATSA name up high, & proudly wear my Protea blazer



Heilie Uys

(PhD Intensive Nursing Science)

BACKGROUND

Heilie Uys is a trained Intensive Care & Nephrology Nurse and has been involved in dialysis and transplantation since 1976 in practice, research and teaching. She was also Professor in Nursing at the Rand Afrikaans University and has established the training course for Nephrology Nurses at RAU and the Nelson Mandela University in Port Elizabeth.

INVOLVEMENT IN TRANSPLANT SPORTS MANAGEMENT

Since her kidney transplant in 2004, she has been involved in the South African Transplant Sports Association (SATSA) as National Secretary (2008 – 2014) and is currently the Vice-Chairperson & Secretary of the Eastern Cape Transplant Sports Association.

Heilie was part of the Organising Committee for the World Transplant Games 2013 in Durban in the portfolio of Secretary.

PARTICIPATION IN TRANSPLANT SPORTS

Heilie participated in her first National Transplant Games in 2004 and qualified to be part of the National Team participating in the World Transplant Games (WTG) in 2005. That was the start of many Games to follow always with the gratitude towards her donor and the Lord for providing her with good health.

She has been blessed with winning 31 medals at WTG and is currently the holder of 3 WTG records and 8 National records

YEAR	GAMES	AGE GP	GOLF	SHOTPUT	DISCUS	JAVELIN	BALL THROW
2005	Canada	50-59	Gold	Gold & WR			
2007	Thailand	50-59	Gold	Silver			Gold
2009	Australia	50-59	Gold	Gold	Gold & WR	Gold	Gold
2011	Sweden	50-59	Gold	Bronze	Silver	Silver	Gold
2013	South Africa	60-69	Gold	Gold	Gold & WR	Gold & WR	Gold & WR
2015	Argentina	60-69	Gold x 2	Gold	Gold	Gold	Gold
2017	Spain	60-69	Gold	Gold	Gold	Gold	Silver
<u> </u>	Gold: 26	Silver: 4	Bronze: 1	Total: 31	WR: 5		1

OTHER AWARDS

2014	Honorary Life	Membership SA	Transplant Sports Associat	ion
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2013 Most Outstanding Athlete Award: World Transplant Games 2013, Durban

2009 Kouga Mayoral Award for Sport

1997 Achievement Award: Renal Care Society of South Africa

1995 Honour colours: Academic; Rand Afrikaans University

1994 Honorary Life Membership of the Renal Care Society of South Africa

1981 Honorary member and co-founder of the Free State Air Ambulance Service

1973 Honour colours: Sport (Karate) University of Pretoria)

MEMBERSHIP/POSITIONS OF ORGANISATIONS

Honorary Life Member Renal Care Society of South Africa

Fellow of the Academy of Nursing of South Africa

Member of the Southern African Transplant Society

Ambassador for fit for Life! - World Transplant Games Federation

VISION AND GOALS RELATING TO SATSA

All through my involvement in organisations and in particularly SATSA, it is always my goal to serve in such a way as to make a difference to the wellbeing of others through the skills and knowledge with which I was blessed.

It is my mission to live every day to the fullest and to encourage other transplant recipients to Celebrate Life by participating in sport and through that promote organ donation and transplantation. This links onto the motto of Fit for Life! – more recipients, more active, more often!

Western Cape



I was born in Clanwilliam, Western Cape and completed my Grade 12 at Hoërskool Graafwater in 2003. In 2004, I joined the South African Air Force. After Basic Military Training, I started training as a Command and Control Operator. I have since worked as a Command Post Assistant in the Joint Operation environment and as a Communication Operator at the Maritime Air Radio Organization where I am currently stationed. I hold the rank of Flight Sergeant and is trained as a Facilitator.

I completed a BA Communication Science degree in 2017 through the University of South Africa.

TRANSPLANT INVOLVEMENT

After being diagnosed with a rare acquired genetic disease (PNH) and receiving a bone marrow/stem cell transplant in 2011 to treat my condition I became involved with the Sunflower Fund as a volunteer. In 2014, I became a member of the South African Transplant Sports Association.

INVOLVEMENT IN SPORT AND TRANSPLANT SPORT

I participated in the SA Transplant Games in October 2014 and qualified for the World Transplant Games in Mar del Plata, Argentina in 2015 where I won six medals and set a world record in the women's javelin 30 – 39. I participated in the SA Transplant Games in October 2016 and qualified for, and participated in the World Transplant Games in Malaga, Spain in 2017. I won five medals in these games. I was also the Social-media manager during the 2017 World Transplant Games for the South African Transplant Team.

I participate in Military Cycling in the form of road and mountain biking.

I accepted the appointment of Vice-Chairman of the Western Cape Transplant Sports Association in 2016.

ACHIEVEMENTS, CONTRIBUTION AND AWARDS

Protea Colours Transplant Sport 2015 & 2017

Western Cape Colours in Transplant Sports

Merit Awards Bellville Athletics 2015

Western Cape Military Sports Awards 2015, Special Award for Cycling

South African Air Force Road Cycling Team 2017

MEMBERSHIP

Vice-Chairman: Western Cape Transplant Sports Association2016-Member: SA Transplant Association2014-Member: Bellville Athletics2014 - 2015Member: SANDF(WC) Athletics2016-Member: SANDF Cycling2014-

PERSONAL CHARACTERISTICS

I am a strong team player with the ability to lead a team. I have people skills and I can effectively work with others.

I possess good communication skills, both written & verbal, and excellent presentation skills and an ability to work individually on a project or in a team environment.

I can solve problems and rely on my colleague's knowledge and experience if I cannot come to a conclusion by myself.

I believe it is important to develop people within our organization and give equal opportunities to each member regardless their race, gender, culture, disability, religion or sexual orientation.

I am confident that I add value in the management of SATSA.

MY GOALS FOR SATSA

To contribute to the growth and leadership of SATSA through being actively involved and setting a good example to all members and the public.

I would like to renew SATSA through active marketing and branding to draw a younger generation of transplant athletes.

Assist in the development of athletes and future leaders that will be able to lead the organization in the future.



Annette Kruger BACKGROUND

I grew up in Zimbabwe, attend Umtali Convent until the age of 8 years old. My parents relocated to Harare where I attended Chisipite Girls Primary & High School. In 1964 due to the political uncertainty in Zimbabwe completed my last three years of school in South Africa as a border flying home for school holidays. After completion of High School remained in South Africa and stayed with my maternal grandmother.

My employment history was interrupted after my marriage and raising a family.

I started work at The Standard Bank of SA in their loans department & transferred to their Personnel Department as a Secretary. Spent 10 years as Secretary to the MD of an AECI affiliate company. When we relocated to Cape Town after my husband was boarded due to his heart, worked as a temp at the Mount Nelson Hotel, and then 10 years as a Personal Assistant to the CEO of a company at the V& A Waterfront in Cape Town where I was also responsible for the full payroll function of the monthly employees, I retired in 2009 when my husband had his heart transplant.

Completed various computer courses.

TRANSPLANT INVOLVEMENT

I became a member of SATSA in 2009 when my husband joined SATSA after his heart transplant. To date I have supported him and the athletes at the Nationals since 2010 and all World Transplant Games since 2011 which I have been privileged to attend in Sweden, Durban, Mar del Plata, Argentina, and Malaga Spain.

MEMBERSHIP

I am currently Secretary of the Western Cape Transplant Sports Association

Committee Member of the South African Transplant Sports Association

PERSONAL CHARACTERISTICS

I am trustworthy, reliable & honest

I am meticulous

I stick to my principles

I give one hundred percent to anything I undertake

Am understanding, forgiving and sympathetic

I value my friendships

My family is important and always come first

GOALS FOR SATSA

- To create greater awareness for the need to register as an Organ Donor.
- To grow the membership of transplant athletes by educating transplanted patients to celebrate their 2nd chance in life through participation in sport.
- To promote transplant sports in all forms in the media
- To especially encourage our Western Cape Region athletes to become proactive in SATSA and in fund raising efforts and social these events