

# EASTERN CAPE TRANSPLANT SPORTS ASSOCIATION



## NEWSLETTER – DECEMBER 2017

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### MESSAGE FROM THE CHAIRPERSON

As the year draws to a close, we reflect on 2017 with mixed emotions.

The beginning of the year brought great excitement as we prepared for the WTG in Malaga, Spain - especially for those that were attending their first ever Games.

With the Games came joy, disappointments, & unforeseen illnesses; but overall an amazing experience was had by all.

We remember & miss those from our Transplant Family that have passed away, but also rejoice for those that have received new & second transplants this year.

Every day may not be easy, but we as transplant recipients celebrate life with a grateful heart every morning when we wake up to a new day.

Wishing you all a Blessed Christmas with your family & loved ones, & may 2018 bring you good health, happiness & joy in your heart.

*Robyn Emslie*



**2018 National  
Transplant Games**

**5-8 July in  
Port Elizabeth -  
get yourselves  
ready!!!!**

**More information will  
be available later**

**WE INVITE ALL TRANSPLANTEES WHO WOULD LIKE TO BECOME INVOLVED IN SPORTS ACTIVITIES OR WHO WANTS TO PARTICIPATE IN THE NATIONAL GAMES 2018 TO CONTACT THE SECRETARY HEILIE UYS DURING JANUARY ON 082 465 0935 OR AT [huys@ibi.co.za](mailto:huys@ibi.co.za)**

# YEAR IN PICTURES – A CELEBRATION OF LIFE!!!!

## ACTIVE ATHLETES



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